



Updated as of April 8, 2020

State	PUA Updates for filing claims	Should those eligible for PUA benefits apply now?	Websites with CARES Act PUA Information	State Agency Handling UI Benefits	Miscellaneous notes
Alabama	<p>News release on March 31- "The Alabama Department of Labor is encouraging employees who believe they may qualify for programs under the CARES Act to file a claim. Although ADOL does not yet have technical guidance or a start date regarding the CARES Act programs, benefits may be paid retroactively from the time the employee separated from his or her job or otherwise became eligible under the federal CARES Act, not from the time the application was submitted or approved."</p> <p>"For small business owners and the self-employed, please be patient. The department will begin accepting applications for newly covered small business owners in approximately four weeks. IT upgrades, income verification methods and staff preparedness are underway. A major media outreach effort will notify Alaskans when applications will be accepted for processing."</p>	Yes	https://labor.alabama.gov/news_feed/News_Page.aspx?id=208	Alabama Department of Labor	
Alaska	<p>"Self-Employed Individuals being impacted by COVID-19: You might qualify for Pandemic Unemployment Assistance and filing an unemployment insurance claim is the first step. We are awaiting federal guidance on the Pandemic Unemployment Assistance program. DWS will issue more information about the Pandemic Unemployment Assistance via press releases and social media posts when more information becomes available. Payments may be made retroactive to the first week eligible under the program."</p>	No	https://labor.alaska.gov/COVID-19.htm	Alaska Department of Labor and Workforce Development	
Arizona	<p>Now accepting applications for CARES Act benefits, although additional benefits not yet available</p>	Yes	https://des.az.gov/sites/default/files/media/Unemployment-Insurance-FAQ.pdf?time=1586271199680	Arizona Department of Economic Security	
Arkansas	<p>"Self-Employed Individuals being impacted by COVID-19: You might qualify for Pandemic Unemployment Assistance and filing an unemployment insurance claim is the first step. We are awaiting federal guidance on the Pandemic Unemployment Assistance program. DWS will issue more information about the Pandemic Unemployment Assistance via press releases and social media posts when more information becomes available. Payments may be made retroactive to the first week eligible under the program."</p>	Yes	https://www.dws.arkansas.gov/src/files/Common_Questions_and_Answers_Regarding_the_UI_Program_2020_March_31.pdf	Arkansas Department of Workforce Services	

California	<p>"The Pandemic Unemployment Assistance (PUA) is a brand new program. The EDD is working quickly with the California Department of Technology (CDT)/Office of Digital Innovation to develop the application needed to stand up this new program to serve unemployed Californians who don't usually qualify for regular UI benefits, including the self-employed. It is the EDD's hope that this new program will closely mirror the Disaster Unemployment Assistance program benefits that Californians have received in the wake of recent disasters including the large wildfires.</p>	<p>Yes, but if they are denied, they should watch for new instructions from the Employment Development Department</p>	<p>https://www.edd.ca.gov/About_EDD/pdf/news-20-09.pdf</p>	<p>California Economic Development Department</p>
Colorado	<p>Again, Californians should watch for updates on EDD's website that will include instructions for workers who may have already applied for benefits and were not found eligible for the regular state-administered UI program."</p>	No	<p>https://www.colorado.gov/cd/unemployment</p>	<p>Colorado Department of Labor and Employment</p>
Connecticut	<p>"The CARES Act has been signed into law, but those benefits are not yet available until we receive official guidance from the U.S. Department of Labor. For those who are self-employed, independent contractors, gig-economy workers, and employees of nonprofit churches or other religious organizations, or who are requesting an extension of benefits, please check back with this page for the latest information. We will update this site and notify news outlets when we are ready to accept claims."</p> <p>"The CARES Act includes a temporary, federally funded Pandemic Unemployment Assistance program for those individuals not otherwise eligible for unemployment benefits under state and federal law. We're awaiting federal guidance from the US Department of Labor and are working with technical experts to develop additional programming within CTDOL to accommodate the new federal relief programs. As this evolves, this Department will be updating our FAQs on a regular basis."</p>	N/A	<p>http://www.ctdol.state.ct.us/DOLCOVIDFAQ.PDF</p>	<p>Connecticut Department of Labor</p>
Delaware	<p>"The department is waiting for the U.S. Department of Labor to issue rules and regulations needed to implement this program. Once we have more information, we will update our FAQ's."</p>	N/A	<p>https://unemployment-division.s3.amazonaws.com/covid-19/UI-FAQ-4-2-2020.pdf</p>	<p>Delaware Department of Labor</p>

"Are any benefits available if I'm out of work due to COVID-19 and I'm self-employed?"

Florida

File an application online to determine the possibility of receiving Reemployment Assistance benefits. Because of the CARES Act, individuals who are self-employed, independent contractors and nonprofit employees, those that are otherwise ineligible for state Reemployment Assistance benefits and those that have exhausted state and federal benefits may be eligible. Pandemic Unemployment Assistance eligibility does not include individuals who have the ability to telework and receive pay or individuals who are receiving paid sick leave or other paid leave benefits."

Yes

http://www.floridajobs.org/docs/default-source/reemployment-assistance-center/new-individual-faq-includes-cares-act-final.pdf?sfvrsn=5f2547b0_4

[Florida Department of Economic Opportunity](#)

"CARES ACT UPDATE: Self-employed workers, gig workers, 1099 independent contractors - **DO NOT APPLY AT THIS TIME**. We are beginning to receive guidelines on parts of the CARES Act, in particular the additional \$600 supplement for those currently receiving state unemployment benefits. We anticipate being able to start delivering payments beginning next week. We are still waiting on specific guidelines on the extension of benefits for those currently on unemployment or whose unemployment benefits have been exhausted. We received the guidelines for the program for gig workers, contractors, and those self-employed and are working to build the business requirements to develop the new system. We will put information on timelines for funding on our website as soon as we have direction."

Georgia

No

<https://dol.georgia.gov/gdol-covid-19-information>

[Georgia Department of Labor](#)

"The Coronavirus Aid, Relief, and Economic Security (CARES) Act expanded UI to cover people who typically do not qualify for UI, including those who are self-employed, independent contractors, or gig workers. The DLIR is working with the United States Department of Labor to establish these programs and will provide more information when available."

Hawaii

N/A

<https://labor.hawaii.gov/covid-19-eligibility-faqs/>

[Hawaii Department of Labor and Industrial Relations](#)

Idaho	<p>"We are working with the U.S. Department of Labor on further details so we can implement these changes, which could take several weeks. Please apply for benefits online at labor.idaho.gov/claimantportal and continue to submit your weekly certifications. Enter your work history on the online application as self-employment. We will inform you of any changes that will potentially affect your unemployment benefit claim."</p>	Yes	<p>https://idahoatwork.com/2020/03/18/faqs-about-unemployment-insurance-and-covid-19/</p>	<p>Idaho Department of Labor</p>	
Illinois	<p>"IDES will provide information about how to apply for this benefit as soon as it is finalized. Please do not apply at this time."</p>	No	<p>https://www2.illinois.gov/ides/News%20%20Announcements%20Doc%20Library/Federal-Stimulus-UI-FAQ-March2020.pdf</p>	<p>Illinois Department of Employment Security</p>	
Indiana	<p>"Answer 14: More information on that program will be provided as soon as available. For now, an individual can file a regular claim for benefits, as it is necessary to file a state claim, even if you know you will be denied, before you can be considered eligible for Pandemic Unemployment Assistance."</p> <p>"If you are not working as a result of COVID-19, you must file an unemployment insurance claim application online in order to receive any form of unemployment insurance"</p>	Yes	<p>https://www.in.gov/dwd/files/Indiana_Unemployment_FAQ.pdf</p>	<p>Indiana Department of Workforce Development</p>	
Iowa	<p>If you are self-employed and denied regular UI benefits, you will be required to submit proof of earnings online for Iowa Workforce Development (IWD) to determine your eligibility for PUA. Acceptable forms of proof are listed further down this page in the section titled "What Do I Need to Provide." The link to submit proof of earnings online is: www.iowaworkforcedevelopment.gov/pua-application"</p> <p>"We have begun the process of planning to implement these vital programs. However, those benefits are not available at this time as we await finalized guidance from the federal government. Once we receive the federal guidance we will provide regular updates regarding when these benefit programs will be available and what impacted workers need to do to receive them."</p>	Yes	<p>https://www.iowaworkforcedevelopment.gov/pua-information</p>	<p>Iowa Workforce Development</p>	<p>PUA Application</p>
Kansas	<p>"We have begun the process of planning to implement these vital programs. However, those benefits are not available at this time as we await finalized guidance from the federal government. Once we receive the federal guidance we will provide regular updates regarding when these benefit programs will be available and what impacted workers need to do to receive them."</p>	No	<p>https://www.dol.ks.gov/home/2020/03/16/unemployment-insurance-and-covid-19-faqs</p>	<p>Kansas Department of Labor</p>	

Kentucky	<p>"In these unprecedented times, Governor Beshear has expanded access for groups not normally eligible for Unemployment Insurance (ICs, self-employed, etc.)</p> <p>If after you complete your application, you get a message that states you are not covered or your claim has been denied, please disregard. Your claim is being processed and we will be in touch."</p>	Yes	https://kcc.ky.gov/Pages/default.aspx	Kentucky Career Center Office of Unemployment Insurance
Louisiana	<p>"If your employment has been affected by COVID-19, please file your Unemployment Insurance claim [on the Louisianaworks.net HiRE website]"</p> <p>**Nothing on the CARES Act/PUA benefits for self-employed/IC/gig workers on any website</p>	N/A	http://www.laworks.net/	Louisiana Workforce Commission
Maine	<p>"Those who are self-employed should wait to file a claim for benefits. Since these programs have not been implemented yet, filing at this point will only result in a denial. We will continue to provide information as it becomes available. Once implemented, benefits will be paid retroactively. If you have already enrolled in the current program, you should continue filing your weekly certifications."</p>	No	https://www.maine.gov/unemployment/	Maine Department of Labor
Maryland	<p>"Please do NOT yet submit an application if you are self-employed, an independent contractor, gig worker, have insufficient work history, and/or believe you may be eligible. Our system is currently not set up to process these types of applicants, as they are formerly considered ineligible. If you do submit an application, it will be denied. To receive an e-mail once the new application is ready, please sign up here."</p>	No	http://www.dlr.state.md.us/employment/unemployment.shtml	Maryland Department of Labor
Massachusetts	<p>"CARES Act-related unemployment benefits for the self employed and others are currently UNAVAILABLE through UI Online. DUA recently received additional federal guidance on this program and is working quickly to implement that guidance."</p>	No	https://www.mass.gov/alerts/cares-act-unemployment	Massachusetts Department of Unemployment Assistance
Michigan	<p>"The Coronavirus Aid, Relief, and Economic Security (CARES) Act expands Michigan's benefits to self-employed, 1099-independent contractors, and low wage workers as well as an increase in weekly pay to all who receive benefits. The Unemployment Insurance Agency will release guidance regarding eligibility and the application process in the coming days If you have already filed for unemployment benefits, you DO NOT need to reapply at this time."</p>	N/A	https://www.michigan.gov/leo/0,5863,7-336-78421_97241--,00.html	Michigan Department of Labor and Economic Opportunity

	"Before we can implement this law, we need detailed guidance from the U.S. Department of Labor. We will also have to make any technology changes necessary to adhere to that guidance.			
Minnesota	We will provide updates here as we make progress. We are also planning on sending mass emails with updates as they become available. If you think you may qualify for PUA, please apply for regular unemployment benefits now.	Yes	https://uimn.org/applicants/needtoknow/news-updates/cares-act.jsp	Minnesota Department of Employment and Economic Development
Mississippi	We have special instructions for self-employed people that will allow you to qualify for PUA benefits more quickly once they become available." **Nothing on the MDES website about the CARES Act/PUA	N/A	N/A	Mississippi Department of Employment Security
Missouri	"The federal guidance received on April 4, 2020, did not provide information for the Pandemic Unemployment Compensation (PUC) program. We expect to receive guidance for this program the week of April 6, 2020."	N/A	https://labor.mo.gov/coronavirus#mini-panel-coronavirus-tabs2	Missouri Department of Labor and Industrial Relations
Montana	"Yes, you are eligible for unemployment insurance benefits under new federal law, the CARES Act. You can now complete a regular unemployment claim online at MontanaWorks.gov. "	Yes	http://dli.mt.gov/cares-act	Montana Department of Labor and Industry
Nebraska	"If you are self employed or a gig employer you will need to file an unemployment claim for benefits . If you are denied regular unemployment benefits a judgment will be made to determine eligibility for new federal unemployment programs."	Yes	https://dol.nebraska.gov/webdocs/Resources/Items/COVID-19%20Common%20Questions.pdf	Nebraska Department of Labor
Nevada	PUA Status: awaiting federal guidance. Last updated 03/31/20.	N/A	https://detr.nv.gov/Page/COVID-19_(Coronavirus)_Information_for_Claimants_and_Employers	Nevada Department of Employment Training and Rehabilitation

New Hampshire	<p>"If you are Self-employed and have filed for unemployment benefits:</p> <p>1. In order to process your claim for unemployment we need your wage information to process and complete you're unemployment claim.</p> <p>2. You will receive a Denial Message that you may ignore. Your unemployment claim requires time to process as a result of you being Self-employed.</p> <p>3. You will receive a second decision once your wages have been entered."</p>	Yes	https://www.nhes.nh.gov/index.htm	New Hampshire Department of Employment Security
New Jersey	<p>"Gig worker/freelancer/IC: You may be eligible for Unemployment Insurance benefits, and should apply online at myunemployment.nj.gov. See our FAQ in the next section on this page about applying and certifying for UI benefits for helpful tips. If your claim is denied, you can always file an appeal, which takes time. If denied, you are also likely eligible for benefits under Pandemic Unemployment Assistance (PUA), since ineligibility for regular unemployment is a prerequisite for receiving these expanded benefits due to COVID-19. In this case, you will need to gather the last two years of your tax returns, or other evidence of income history, which will be necessary for processing your claim once the federal rules are established. The PUA benefits can be paid retroactively for periods of unemployment beginning or after January 27, 2020. Additional details will be posted online as they become available."</p>	Yes	https://myunemployment.nj.gov/labor/myunemployment/covidFAQ.shtml	New Jersey Department of Labor and Workforce Development
New Mexico	<p>"The COVID-19 stimulus bill will expand Unemployment Insurance benefits, known as Pandemic Unemployment Assistance (PUA). We are setting up our system to process these claims. There is no need to call the Unemployment Insurance Operations Center at this time. The department will announce when you are able to starting filing your initial claim."</p>	No	https://www.dws.state.nm.us/en-us/	New Mexico Department of Workforce Solutions
New York	<p>"If you are not traditionally eligible for UI benefits: -Check your eligibility for PUA. -If you believe you are eligible, apply online at www.labor.ny.gov/signin."</p>	Yes	https://labor.ny.gov/ui/cares-act.shtm	New York Department of Labor

North Carolina	<p>"The Division of Employment Security is awaiting guidance from the U.S. Department of Labor to implement these programs, because we administer unemployment assistance on the federal government's behalf.</p> <p>Once we receive final guidance, benefits should start being paid in about two weeks. DES is already working on the technology and system updates to implement these programs. We will provide the public with more details about eligibility and how to apply for these benefits as it becomes available.</p> <p>Independent contractors and self-employed workers may file for unemployment insurance assistance at any time. However, until system updates are completed, no eligibility determinations will be made for the federal programs. Being found ineligible for state unemployment insurance does not make you ineligible for federal assistance."</p> <p>"Job Service is now able to accept online claims from independent contractors, gig economy workers, self-employed individuals, and workers who may have exhausted the benefits available to them under the regular Unemployment Insurance system.</p>	Yes	<p>https://des.nc.gov/need-help/covid-19-information/federal-unemployment-assistance#when-will-the-federal-benefits-be-available?-when-should-independent-contractors/self-employed-workers-file-for-benefits?</p>	<p>North Carolina Department of Commerce</p>
North Dakota	<p>Although claims will be accepted, the United States Department of Labor has not yet provided guidance to fully process these claims and has told states not to process or pay benefits until they provide the required rules and guidance. The guidance is expected to be provided to all states within the next week. After receipt of the guidance, Job Service will complete necessary additional programming and begin paying benefits under these programs."</p> <p>"This is a new program, which we look forward to implementing. Like other states, Ohio is waiting for further guidance from the U.S. Department of Labor on how to operationalize it. Once it is up and running, retroactive benefits will be provided. We will share more information as soon as we have it."</p>	Yes	<p>https://www.jobsnd.com/news/unemployment-insurance-and-covid-19-frequently-asked-questions</p>	<p>North Dakota Job Service</p>
Ohio	<p>"This is a new program, which we look forward to implementing. Like other states, Ohio is waiting for further guidance from the U.S. Department of Labor on how to operationalize it. Once it is up and running, retroactive benefits will be provided. We will share more information as soon as we have it."</p>	N/A	<p>http://jfs.ohio.gov/ouio/CoronavirusAndUI.stm</p>	<p>Ohio Department of Job and Family Services</p>
Oklahoma	<p>"In the interim, laid-off workers should file for benefits whether they know they qualify."</p>	Yes	<p>https://www.ok.gov/oesc/documents/040120-Disaster%20Unemployment%20Assistance.pdf</p>	<p>Oklahoma Employment Security Commission</p>

Oregon	"Under the new federal CARES Act, Self-employed individuals are now eligible for benefits and should file an application for a benefits claim . The Employment Department is currently reviewing all the new federal legislation and will provide more information once we receive the required U.S. Department of Labor guidance so that we can carry out these changes as quickly as possible." "The federal CARES Act will provide unemployment benefits to the self-employed, independent contractors, and gig workers. Please continue to check this page for filing instructions. At this time, you should NOT file a claim through the existing online system or phone number if you are not currently eligible for unemployment benefits."	Yes	https://www.oregon.gov/emply/Documents/COVID-19%20ED%20Resources%20for%20Employers%20and%20Workers.pdf	Oregon Employment Department	
Pennsylvania	"This site permits a Rhode Island gig economy worker, contract worker, small business owner, worker for hire, self-employed, or other individual ineligible for regular unemployment insurance, who is out of work because of COVID-19, to apply via the Internet for COVID-19 Emergency Unemployment Insurance benefits "	No	https://www.uc.pa.gov/Pages/covid19.aspx	Pennsylvania Department of Labor and Industry	
Rhode Island	"Subject to guidance from U.S. DOL for PUA, benefits may be paid retroactively from the time the employee separated from his or her job or otherwise became eligible under the federal CARES Act, not from the time the application was submitted or approved."	Yes	https://covidemergencyuibenfits.dlt.ri.gov/	Rhode Island Department of Labor and Training	**Assumption is this is for PUA from the CARES Act, but they do not specify on their website.
South Carolina	"If you are one of these individuals, have applied for unemployment insurance benefits, and were not found eligible, you may be eligible for weekly benefits provided for under the CARES Act. We anticipate the system will recognize the date of your filing and determine your eligibility and whether additional information will be needed from you prior to retroactive payments being made."	Yes	https://www.dew.sc.gov/docs/default-source/press-releases/benefits-paid-and-more-on-the-way.pdf?sfvrsn=c9ab4f3f_0	South Carolina Department of Employment and Workforce	
South Dakota	" PUA claims cannot be taken yet ; DLR is creating the application. Claims can be backdated if the individual meets the eligibility requirements under PUA."	No	https://dlr.sd.gov/ra/cares.aspx#pua	South Dakota Department of Labor and Regulation	
Tennessee	"At the present time, the state is still reviewing the provisions of this law. More information will be provided as soon as it becomes available. Check the website at www.tn.gov/workforce . If you believe you may be eligible for Pandemic Unemployment Assistance go ahead and file your claim. "	Yes	https://www.tn.gov/workforce/covid-19/faq/employees.html	Tennessee Department of Labor and Workforce Development	Guidance on how to apply as a self-employed person

Texas	<p>"If you applied for unemployment benefits but lacked the necessary wages to qualify, no action is needed. We will determine if you qualify under the new stimulus bill and notify you by mail or electronic correspondence of your eligibility.</p>	Yes	<p>https://www.twc.texas.gov/news/covid-19-resources-job-seekers#howDoesTheCareActCovid1StimulusAffectYou</p>	Texas Workforce Commission	
	<p>We are upgrading our system to adapt to the new legislation. If you attempt to access the system or call prior to receiving notification, we will not be able to assist you."</p>				
	<p>"These new programs will take time to implement but we are doing so as quickly as possible. Please continue to check this FAQ for the latest information regarding the CARES Act Benefits.</p>				
Utah	<p>Pandemic Unemployment Assistance is a program that has never been administered by the state so we are not able to take applications at this time. The U.S. Department of Labor provided guidance to all states on the proper administration of the program on April 5, 2020 and how to properly draw down the additional federal funds. The division will have to build and deploy the program for Utah. We encourage you to continue to check this FAQ for regular updates. Please do not call the claims assistance team for updates as these updates will only be provided online."</p>	N/A	<p>https://jobs.utah.gov/covid19/caresuifaq.pdf</p>	Utah Department of Workforce Services	COVID-19 General FAQ Page
	<p>"As the Department works to implement the Pandemic Unemployment Assistance program for Self-Employed individuals, Self-Employed individuals, as well as Independent Contractors, Small Business owners and other sole proprietors, these individuals are encouraged to do one of the following:</p>				
Vermont	<p>Sign up for the CARES ACT: SELF-EMPLOYED INFORMATION NEWSLETTER.</p>	Yes	<p>https://labor.vermont.gov/CARESact_Vermont/SelfEmployed</p>	Vermont Department of Labor	Initial Claims Form for UI benefits
	<p>Submit an INITIAL CLAIMS FORM for unemployment insurance benefits. By submitting this form, your information will be already in our system, and you will be notified when the P.U.A. program is up and running."</p>				

Virginia	<p>"To be eligible for this new program, workers must first apply through traditional unemployment by visiting www.vec.virginia.gov or www.vawc.virginia.gov. The state is required to verify eligibility under traditional unemployment before allowing claimants to be considered for the new PUA program. If you are determined to be ineligible for traditional unemployment, you will be contacted by phone (text or voice message) on how to file the supplemental information to complete your claim under the new PUA program. VEC will be announcing more details on the start date for this new program later this week."</p>	Yes	https://www.vec.virginia.gov/node/11790	Virginia Employment Commission
Washington	<p>"If you were not eligible for unemployment before the federal stimulus package was passed, we are asking you to wait to file for unemployment because our system is not set up to accept your application. We expect those changes to be complete by mid-April, and the team is working around the clock to get them in place as quickly as possible."</p>	No	https://esd.wa.gov/newsroom/covid-19	Washington Employment Security Department
West Virginia	<p>"While President Donald Trump signed the relief package into law on March 27, the Department of Labor has yet to provide technical guidance or a start date for the program. Benefits will be paid retroactively from the time an employee was separated from their job or otherwise became eligible under the federal CARES Act, not from the time the application was submitted or approved. Further details regarding CARES Act funding is still a few weeks away."</p>	Yes	April 3 Press Release	Workforce West Virginia
	<p>It is important to file a new claim immediately after employment ends."</p>			

Wisconsin	<p>"If you were not eligible for unemployment before the CARES Act (Federal Stimulus Bill) was passed we are asking you to wait* to file because our system is not yet set up to accept your application. We are waiting on additional guidance from USDOL. We expect those changes to be complete by mid-to late-April. We understand how important it is to get these payments to you as quickly as possible, and we are doing everything we can to get you the help you need.</p> <p>*It is important to note that benefits will start from the time you became eligible for unemployment, not from the time your application is submitted or approved."</p> <p>"These programs are on their way, and we're working as fast as we can to get them to the people of Wyoming quickly.</p>	No	https://dwd.wisconsin.gov/ui/ben/caresact/	Wisconsin Department of Workforce Development
Wyoming	<p>It is important to note that all of these programs are retroactive. Even if it takes numerous weeks to put them in place, the benefits will cover those who were unemployed at least back to March 29th, and one program reaches back to late January"</p>	N/A	http://www.wyomingworkforce.org/news/2020-04-06/	Wyoming Department of Workforce Services